

# Lunch Menu

Week 1  
Summer Term

Meat **FREE**  
**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Soup**  
Available for the  
staff, FVI or on  
request

Soup of the day

Soup of the Day

Soup of the Day

Soup of the Day

Soup of the Day

**Served with Freshly Made Bread**

**Main Meal**

PASTA BAR  
Tuna, Pesto, Tomato,  
Cheese  
(G, Se, E, F)

Creamy Mash  
Topped with a Choice of Sausages  
(G)

Roasted Turkey Breast  
& Yorkshire Pudding  
(E,M,G,S)

Beef Meatballs  
Tomato Sauce &  
Fusilli Pasta  
(G)

Chicken Goujons  
Or Vegetable  
Goujons  
(G,So)

**Veggie Meal**

Moroccan  
Cous-Cous  
(G, Se)

Red Pepper & Courgette  
lasagne  
(M,G,E)

Crunchy Vegetable  
Frittata  
(E)

Quorn Meatballs  
Tomato Sauce &  
Fusilli Pasta  
(G, So)

Mushroom and  
Parmesan Risotto  
(M)

**Served With**

Mixed Salad  
Garlic Bread

Baked beans  
Peas

Roast Potatoes  
Glazed carrots  
Green Beans  
(G, M)

Sweetcorn  
Broccoli

Roasted New  
Potatoes  
Mixed Salad

**Available Daily: Jacket Potatoes with Toppings | Salad Bar | Pasta upon request**

**Dessert**

Fresh Fruit  
Yoghurt  
(M)

Syrup Sponge & Custard  
(G, E, M)

Arctic Roll  
(G, M, E, So)

Oat & Raisin Cookies  
(G, M, Su)

Marble Cake  
(E,G,So)

**Available Daily: A selection of Whole Fresh Fruit, Fruit Pots, or Yoghurt  
Gluten Free and Milk Free alternatives are available for Main Meals and Desserts**

Dietary Information: Ce – Celery, So – Soy, E – Eggs, F – Fish, G – Gluten, Su – Sulphur, Cr – Crustacean, L – Lupin, M – Milk, Mo – Molluscs, Mu – Mustard, N – Tree Nuts, P – Peanuts, Se – Sesame - Bread products bought in 'may contain sesame' but we avoid using sesame seeds

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# Lunch Menu

Week 2  
Summer Term

**Meat FREE**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Soup**

Available for the staff, FVI or on request

Soup of the Day

Soup of the Day

Soup of the Day

Soup of the Day

Soup of the Day

**Served with Freshly Made Bread**

**Main Meal**

Tomato & Basil Fusilli topped with Grated Cheddar  
**(G, M, Se)**

Chicken Curry & Basmati Rice  
**(G)**

Build your own Chicken Fajita with soured cream and cheese  
**(G)**

Pizza Day Margarita, Pepperoni  
**(G)**

Hot Dog Day  
**(G, Se)**

**Veggie Meal**

Macaroni Cheese with Sundried Tomato & Spinach

Vegetarian Curry & Basmati Rice  
**(G)**

Vegetable Fajita with soured cream and cheese  
**(G, M)**

Mushroom & Garlic Pizza  
**(G)**

Summer Vegetable Frittata  
**(E)**

**Served With**

Garlic Bread  
Green Salad

Broccoli  
Sweetcorn

Rainbow Rice  
Shredded Salad

Potato Wedges  
Coleslaw **(E)**

Roasted New Potatoes  
Baked Beans

**Available Daily: Jacket Potatoes with Toppings | Salad Bar | Pasta upon request**

**Dessert**

Fresh Fruit or Yoghurt  
**(E, M)**

Lemon Drizzle  
**(G,M)**

Vanilla Ice Cream  
**(G,E)**

Rice Krispie Square  
**(M,So,G,E)**

Brownie  
**(G,E,M,SY)**

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# Lunch Menu

Week 3  
Summer Term

**Meat FREE**

**Soup**  
Available for the staff, FVI or on request

**MONDAY**

Soup of the Day

**TUESDAY**

Soup of the Day

**WEDNESDAY**

Soup of the Day

**THURSDAY**

Soup of the Day

**FRIDAY**

Soup of the Day

**Served with Freshly Made Bread**

**Main Meal**

Jacket Potato Bar  
with various toppings  
Baked beans, tuna mayo,  
cheese, vegetarian chilli,  
coleslaw, just butter **(M, E)**

Sticky Chinese  
Chicken  
**(So)**

Burger Day  
Beef/Chicken or Plant Based  
Burger with cheese  
(optional)  
**(G, E, M, Se)**

Spaghetti Bolognaise  
with Garlic Bread  
**(G, Se)**

Battered Fish or Vegetarian  
Fingers

**Veggie Meal**

Vegetable Chilli  
Rice **(Ce)**

Spring Rolls  
**(E,G)**

Portabella Mushroom &  
Emmental Cheese Burger  
**(G, M, Se)**

Quorn bolognaise  
with Garlic Bread  
**(So, G, E, Se)**

Seasonal vegetable  
quiche

**Served With**

Mixed salad  
Coleslaw **(E)**

Stir Fry Vegetables  
Rainbow Rice

Curly Fries  
Mixed Salad

Sweetcorn  
Broccoli

Potato wedges  
Peas

**Available Daily: Jacket Potatoes with Toppings | Salad Bar | Pasta upon request**

**Dessert**

Chocolate sponge &  
Chocolate Custard  
**(G, E, M, So)**

Flapjack  
**(G)**

Seasonal Fruit  
Crumble & Custard  
**(G, M)**

Fresh Fruit  
Yoghurt

School Cake  
**(E, G, M)**

**Available Daily: A selection of Whole Fresh Fruit, Fruit Pots, or Yoghurt**  
**Gluten Free and Milk Free alternatives will be available for Main Meals and Desserts**

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