



St Hilda's School

HARPENDEN

Caring, Curious & Confident

# NEWSLETTER

Friday 19<sup>th</sup> November 2021 No. 109

*"Never be in a hurry; do everything quietly and in a calm spirit. Do not lose your inner peace for anything whatsoever, even if your whole world seems upset." Saint Francis de Sales*

Dear Parents,

It has been a busy three weeks since half term and there has been much to celebrate. The children have been making great progress across the curriculum and it has been great to see the new pupils integrating so well and clearly loving their new school. I was delighted to attend the ISA London North Swimming Gala this week and to see our girls competing successfully against strong opposition. Their determination under the spotlight was quite remarkable and it made me reflect on the expectations of such an event, the desire to do ones personal best as well as for the school. In a wider context, the varied nature of school life is a demanding one and therefore it is even more important to ensure that our minds are strong as well as our bodies. We encourage the children to express their feelings and thoughts in every area of learning, and especially to voice their concerns. Our wellbeing award application is ongoing and we are seeking to address the all important matter of ensuring that the children's mental health and resilience is robust, so they are able to face day to day challenges. Our quote this time reminds us that we need to try to be calm in all situations, and to be at peace with ourselves, in order to succeed and do our best.

## Congratulations

Our sports teams have been busy achieving great success. As already mentioned, the **ISA London North Swimming Gala** brought great results with 4 girls going through to the national finals on 28<sup>th</sup> November at the London Olympic Pool, Sophia in Form IV, Eliana in Form V, Bethany and Isabel in Form VI. Very well done to all who participated.

The **Cross Country** season is in full swing and the Harpenden District event last week resulted in two top ten places for Form V and Form VI. Congratulations again to Lisa in Form V who came 10<sup>th</sup> in her age category and Violet in Form VI who came 7<sup>th</sup>.

**Netball** fixtures have taken place throughout the term with matches against Abbot's Hill, St Nicholas' and The King's School for Form VI and Form V. Well done to everyone for their commitment. With so few competitive opportunities over the past year, it is great to see matches and action again.

Thank you to everyone who contributed to the **Harvest collection** in aid of the Red Cross. The envelopes totalled £811.34, which together with JustGiving donations for this and the Daily Mile totalled £1201.34. Grateful thanks too for the Rotary Club shoeboxes, this year we managed to fill 107 which is amazing. I am sure there will be many grateful recipients.

This morning we were delighted to welcome Jonathan Finney, son in law of **Christiane Kubrick**. The girls in Forms III to VI have been busy creating a tribute piece to Christiane's painting 'Seedbox theater'. The local artist was very touched by this and has presented the School with a famed print of the said work, which we will look forward to hanging for all to enjoy.

## FOSH Christmas Market

It is 3 weeks until the FOSH Christmas Market, on Friday 10<sup>th</sup> December. As always, I am indebted to the dedicated band of parents who work so hard to make these events a success. Grandparents, siblings, cousins and friends are, as always, warmly welcome to attend this event, all details of which are attached below. A reminder to purchase raffle tickets from me on the gate and to bring a bottle on Monday 6<sup>th</sup> December in exchange for your child wearing a Christmas jumper.

**Christmas Concert** – a reminder to parents of Form III to Form VI to book seats for the forthcoming Senior Christmas Concert on Thursday 2<sup>nd</sup> and Friday 3<sup>rd</sup> December.



**Covid – coughs and colds.** There are a plenitude of bugs about at the present time and it is difficult to distinguish between Covid and usual winter illnesses. Please consider if your child is well enough to come in after a negative result, as whilst we realise this is the priority some pupils are struggling to keep going.

A reminder from Mrs Matthews that **wraparound requests** must be in by next week, Friday, 26<sup>th</sup> November.

Wishing everyone a restful weekend.

With best wishes  
Dan Sayers  
Headmaster

# CHRISTMAS HAMPER RAFFLE

AS IN PREVIOUS YEARS, WE'LL BE RAFFLING CHRISTMAS HAMPERS KINDLY DONATED BY EACH FORM WITH ALL PROCEEDS TO FOSH.

THERE WILL BE LOTS OF LUXURY CONTENTS AND A FAMILY GAMES HAMPER!

DRAW: 10 DECEMBER 2021  
AT THE SCHOOL CHRISTMAS MARKET,  
DRAWN BY MR SAYERS

£10 FOR 5 TICKETS

## DRAW DETAILS

TICKETS WILL BE ON SALE FROM MONDAY 22 NOVEMBER 2021.

PLEASE EMAIL YOUR TICKET REQUESTS TO SUZANNE EVANS (SEEVANS1@OUTLOOK.COM) BY WEDNESDAY 8 DECEMBER 2021 AT 3:00PM. PLEASE TRANSFER CASH DIRECTLY TO THE FOSH BANK ACCOUNT (30-93-90 19383968) WITH THE REFERENCE "SURNAME RAFFLE").

ONCE PAYMENT HAS BEEN RECEIVED, SUZANNE WILL SEND AN EMAIL CONFIRMATION. TICKETS WILL BE SET UP ON A SPREADSHEET SO THAT NO CASH OR TICKETS NEED TO CHANGE HANDS.



Raffle organised by Friends of St Hilda's, 28 Douglas Road, Harpenden, AL5 2ES





# **ATTENTION PARENTS**

## **OF PRIMARY AGE CHILDREN!**

# **HELP YOUR CHILD SUPERCHARGE**

## **SUPERPOWER YOUR PARENTING 6 WEEK COURSE**

**Unravel a child's core belief  
Challenge their thinking  
Superpower their confidence  
and they can achieve anything!**

## **HELP OVERCOME**

**ANXIETY  
SADNESS  
LOW MOOD  
ANGER  
BULLYING**

**FEARS  
LOW SELF-ESTEEM  
OVER SENSITIVITY  
UNDERACHIEVEMENT  
RELATIONSHIP ISSUES**

## **HELP YOUR CHILD START 2022 AS THEIR STRONGEST SELF**

**Superpower Your Parenting via live Zoom sessions with  
Tana Macpherson-Smith, leading child, adolescent and parent  
wellbeing expert and thought-change transformation coach.  
Tana is Founder of ClearMinds Education and a mental wellbeing  
consultant for schools across the UK**

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