



*'Make me a channel of your peace, Where there's despair in life let me bring hope.
Where there is darkness, only light, And where there's sadness ever joy.'*
Prayer of St Francis, arranged by Sebastian Temple

Dear Parents,

It was great to see many members of the St Hilda's community gather in the High Street Methodist Church for our Harvest Festival service this morning. As always the girls sang and read with great commitment and we were all able to reflect on the words of the prayer of St Francis which was the theme of the service. I am so grateful to everyone for their generosity in the church collection and envelope contributions, the total of which I will let you know later. We also sent a generous collection of food to the Harpenden Food Bank which we hope will be of benefit to local homeless people in our area. It is a sobering thought that there are people in our area without the basic food and shelter required for day to day living.



Form V have been very busy over the last week, singing at the annual UNICEF Peace Service in the Methodist Church last Friday and then visiting the Daylight Club on Wednesday, where they entertained a group of local adults who meet for respite care each week. I was so impressed with the way the girls chatted away afterwards to these members of our local community who face such difficult daily challenges. It was wonderful to hear one of them exclaim as we left 'They've made me feel so happy today!'

Friends of St Hilda's News and Events

Thank you to everyone who braved the rainy weather to enjoy the FoSH Photo Scavenger Hunt in Rothamsted Park. Nineteen families from St Hilda's photographed and filmed their way around the park, re-enacting scenes from Disney movies and hunting for bears, fish and horses. It was great to catch up with so many families, new and old to the school!

Details of the annual FoSH trip to the St Albans Panto (Saturday 15th December 10.30am) will be sent out by email today. Tickets will be issued on a first come first served basis and will cost £14.50 per person. We'd love to take a huge crowd so please ensure you return your ticket requests by October 12th.

The countdown to Christmas is on and you should have already received instructions and card for your daughter to design her own Christmas Card. The deadline for artwork to be returned to school is October 2nd. The noticeboard next to the red FoSH post box will display some examples shortly so that you can see the quality of the printing.

And finally, for those of you looking forward to the Christmas Bazaar on November 24th we will shortly be collecting nut free sweets and chocolates, new stationery and stickers, washed soft toys, children's books and DVDs, toys and games. Expect to see plastic boxes to pop your donations in next week.



Movie Night

Girls in Form III to Form VI need to return their reply slips by Monday for this annual event which takes place next Friday in the Hall after school. The film will finish in time for any girls who wish to attend the St George's Open Evening to get away promptly.

Poetry Please!

A reminder that girls should be rehearsing a poem to recite to their class next week as part of our annual celebration of National Poetry Day. Mrs Thayer has already written to parents regarding this. We look forward to another fun-filled afternoon of creativity and a staff performance afterwards.

Mad Hair Day

There has been much excitement and speculation about the various hairstyles that may emerge on Friday, 12th October when, following the School Council's request, we hold our charity event. There is a £1 charge to come to school in mufti and sporting a weird and wonderful hair style. All proceeds will go to the Rennie Grove Hospice.

10K Charity Run

Several of our staff are taking part in the 10K charity event at Rothamsted on 14th October, where St Hilda's is a sponsor. I am sure that many of you will be enjoying this occasion which also seeks to raise awareness and funds for Rennie Grove Hospice.

Music Toddler Group

It was great to welcome several Mums and toddlers to our first music session this week, enjoying the outdoor spaces and a lively music session in the Hall. The music sessions run between 9am and 10am each Tuesday and cost £5 per session. No booking is required.

Greek Mythology Club

Two enterprising members of Form VI, Alice and Helena, are starting a Greek Mythology Club on a Monday lunchtime in the School Library. It is open to girls in Forms IV, V and VI and runs from 1.15pm-1.45pm. We wish the girls every success in their endeavours.

Dogs and Parking

A polite request – please can dogs not be brought onto the premises at drop off and pick up. May I also remind all members of the St Hilda's community to park considerately. There have been several recent instances of cars being parked mounted on the kerb and parking in the disabled bays without a blue badge.

The next newsletter will be published on Friday, 12th October. Wishing you all a good weekend.

With best wishes
Mr Sayers
Headmaster

FASHION SHOW

IN AID OF ELIZABETH'S LEGACY OF HOPE
AND THE ANGUS LAWSON MEMORIAL TRUST



Friday 19th October 2018
8pm - 10:30pm (doors open 7pm)

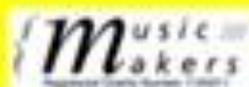
ROTHAMSTED CONFERENCE CENTRE

Tickets available to buy on www.eventbrite.co.uk
for further details visit: www.facebook.com/SophieBeddowCaptainTortue

Drinks / Canapés / Raffle / Gifts / Shopping

£20

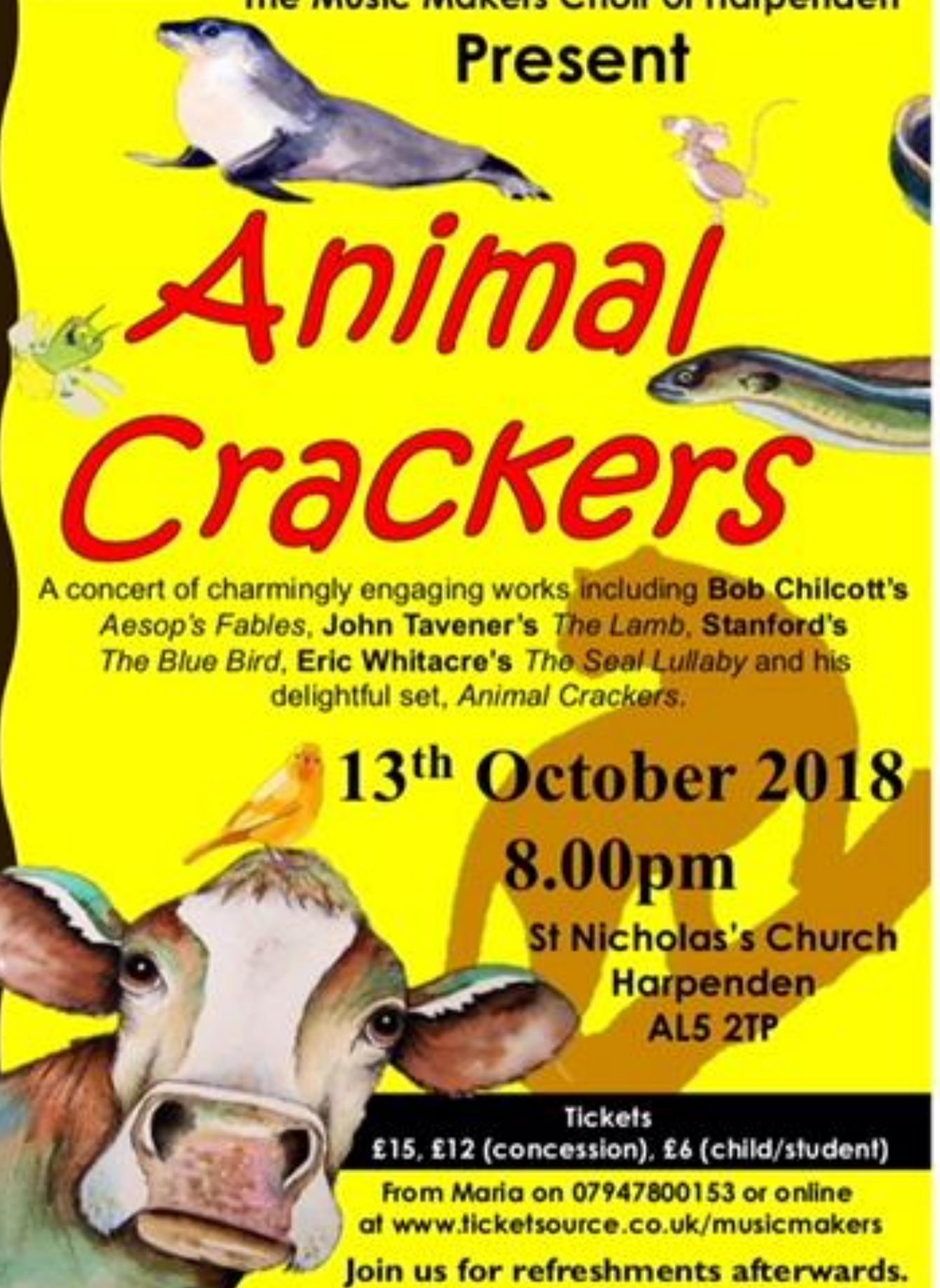


The logo for Music Makers, featuring a stylized 'm' and the text 'Music Makers' with 'Musical Society of Harpenden' in smaller text below it.

Music Makers
Musical Society of Harpenden

Director Christopher Hann and
The Music Makers Choir of Harpenden

Present

The poster features several illustrations of animals: a seal at the top left, a mouse at the top right, a green frog on the left, a blue and green eel on the right, a yellow bird perched on a cow's head in the bottom left, and a large brown shadow of a hand holding a heart in the background.

Animal Crackers

A concert of charmingly engaging works including Bob Chilcott's *Aesop's Fables*, John Tavener's *The Lamb*, Stanford's *The Blue Bird*, Eric Whitacre's *The Seal Lullaby* and his delightful set, *Animal Crackers*.

13th October 2018

8.00pm

St Nicholas's Church
Harpenden
AL5 2TP

Tickets

£15, £12 (concession), £6 (child/student)

From Maria on 07947800153 or online
at www.ticketsource.co.uk/musicmakers

Join us for refreshments afterwards.



team@keystoneworkshops.co.uk 
@KeystoneWS 
KeystoneWorkshops 

Understanding and Managing Anger in Children - Talk



Great learning every day for everyone

Summary



Anger and assertiveness can be a healthy reaction in children and normal bid for independence and self protection. But when it becomes excessive, it can be harmful for the child and for those around them. From arguments and tantrums over everyday tasks, to excessive verbal and physical aggression, this practical talk will cover the roots of difficult behaviour and share the considerable recent advances in understanding how best to manage it. It will explore the triggers of aggressive

behaviours and show parents how to establish a calm plan to overcome them.

Who is this talk for?

This talk is for parents of children who are aged 2-10 years (pre teen). The approach presented is relevant for parents who have concerns about their children's angry behaviour.

What parents will gain from this talk

- an understanding of what triggers anger, and what makes it more likely to happen again
- how to improve the relationship with the child, so that angry outbursts are less likely
- how to cope calmly with child anger and not get sucked into angry cycles
- practical moment to moment advice on how to deal with the child, both when being disruptive and the rest of the time

Booking is essential. Book NOW

Event Details

Date: Mon, 8th Oct 2018

Time: 19.30-21.00

Location: The Maltings Theatre, St Albans

Cost: £19pp

About our speaker



Professor Stephen Scott CBE is Professor of Child Health and Behaviour at The Institute of Psychiatry, Psychology and Neuroscience Kings College London. He is Director of The National Academy for Parenting Research, and Consultant Child and Adolescent Psychiatrist who works with families of children who can be difficult. He has carried out a number of trials to discover what works best with both younger children and adolescents to improve their anger and mood. He is the author of the bestselling textbook "Child and Adolescent Psychiatry" with Professor Robert Goodman. He is about to launch an online program to help parents.

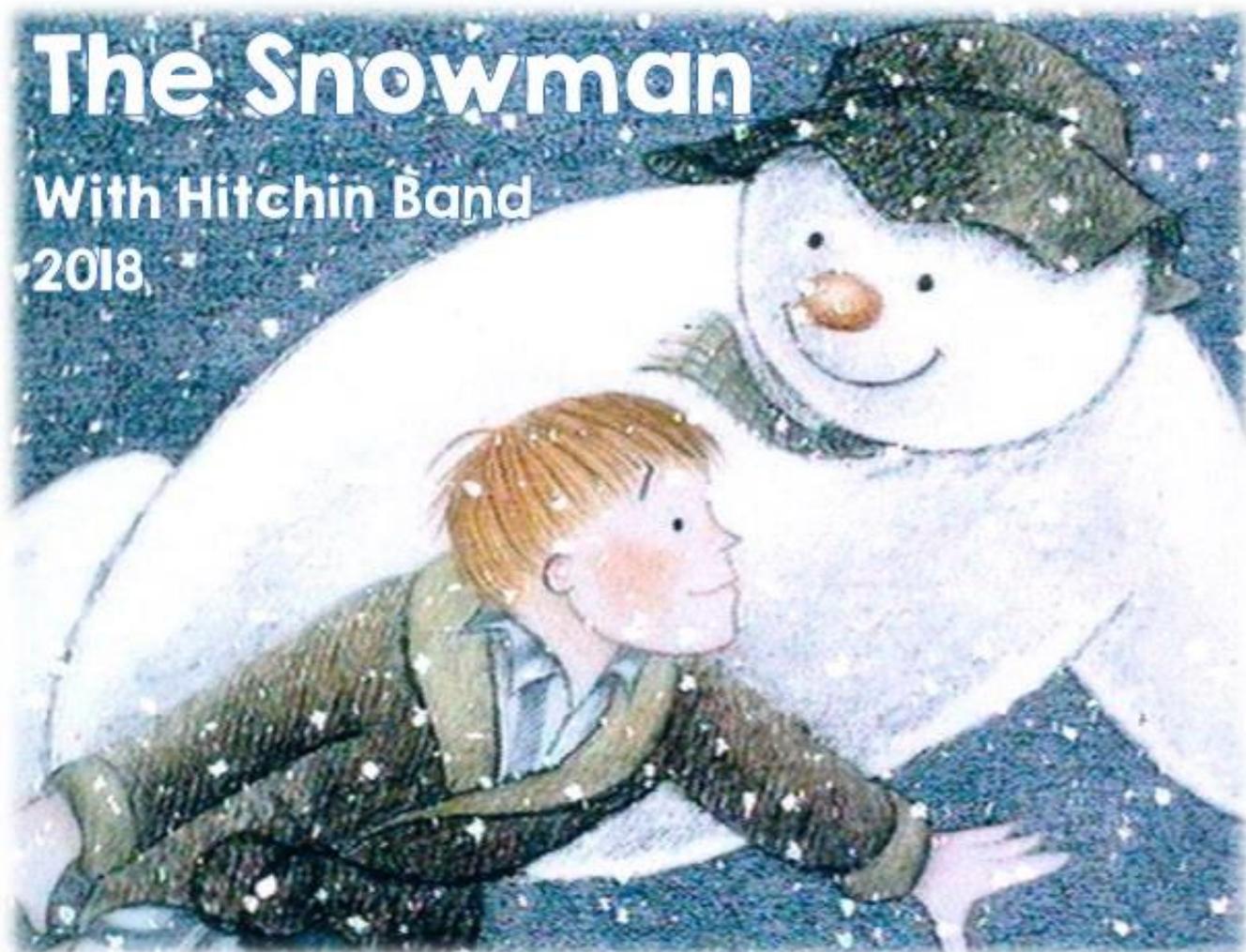
Events are regularly updated, for a full list of future events visit: www.keystoneworkshops.co.uk

WANTED: Voice For "Walking in the Air"

The Snowman

With Hitchin Band

2018



Do you have the voice for "Walking in the Air" from The Snowman?

Auditions are open to boys and girls aged 8 to 16 years old, boys with an 'unbroken' treble voice. Registration forms are available online at www.hitchinband.co.uk. Parents / Guardians will need to register their child by **6pm, Saturday 6th October 2018**.

Harpenden Public Halls, Sunday 9th December

Performances at 10:30am and 11:30am

Tickets from: www.harpendenpublichalls.co.uk

www.hitchinband.co.uk www.thesnowman.com

"The Snowman" by Raymond Briggs is published by Puffin
Image © Snowman Enterprises Ltd



The
Snowman
40

Harpenden Musical Theatre Company
proudly presents

Oliver!

music, lyrics & book by lionel bart

October 9th - 13th 2018

Harpenden Public Halls

Tickets available from £15

www.ticketsource.co.uk/hmtc51

www.harpendenpublichalls.co.uk

01582 767525 or at Harpenden Public Halls

Produced for the Broadway stage by David Merrick and Donald Albery. This amateur production is presented by arrangement with MusicScope and Stage Musicals Limited of New York.

In aid of
Keech
hospice care
Registered Charity No. 1035089